

Alternating Chevron¹



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors.

Finished size should be 7" wide x 9" tall.

Cast on 30 stitches (multiple of 10 stitches). Be sure to leave an 18" tail at the beginning.

K1 P1 repeat between * to the end of the row (seed stitch).

P1 K1 repeat between * to the end of the row (second seed stitch row).

¹ Adapted from "Day 28: Alternating Chevron Knit Stitch," <http://www.bromefields.com/day-28-alternating-chevron-knit-stitch-100daysofknitstitches/>

Pattern set:

Row 1: *P4, K1, P1, K4* repeat between * 3 times for each row.

Row 2: *P3, K2, P2, K3*

Row 3: *P2, K2, P1, K1, P2, K2*

Row 4: *P1, K2, P2, K2, P2, K1*

Row 5: *K2, P3, K3, P2 *

Row 6: *K1, P4, K4, P1*

STOP after row 6! Check the width to make sure it is 7". If not, change needle size to get the appropriate width.

Repeat rows 1-6 for a total of 9 complete pattern sets.

STOP! Check the length to make sure it will not exceed 9". Add one more complete or a partial pattern set. Bind off in an even row or add two seed stitch rows and bind off in the second seed stitch row.

Be sure to leave an 18" tail at the end.

Now, knit another one since having two blocks in the same color and pattern is great for making shawls!

Knitting abbreviations:

K: Knit | P: Purl