

The Do's and Don'ts of Press Releases

Press releases and other media releases are a presentation of facts, written for journalists and reporters. When a release is well written, it is a wonderful opportunity for an organization to reach its target audience through the media. A great release will pique the interest of journalists and reporters who may wish to cover the topic further. It can lead to a feature in a magazine or TV interview.

The following tips for writing a great news or event release are taken from “The Huffington Post”:

1. **Grab attention with a great headline.** The beginning of a release is the most important. Journalists receive hundreds of releases; therefore, a headline that is engaging and accurate will pull in a reporter far more than a dull one.
2. **Get right to the point in the first paragraph.** Assume that the reporter will only read the first one or two sentences and then scan the rest. Every important point should be addressed in the first paragraph. Subsequent paragraphs should be for supporting information.
3. **Include hard numbers that support the significance of your event or announcement.** For example, if someone is receiving an award for volunteering for Habitat, stress the number of houses he or she has helped build, or the number of hours that person has given.
4. **Make it grammatically flawless.** Proofread, and then proofread again. Get someone else to proofread as well. A single mistake can prevent the journalist or reporter from taking you seriously.
5. **Include quotes wherever possible.** Including a good quote from someone close to the event gives a human element to the release.
6. **Include your contact information.** You'll need the name of the person reporters should follow up with. Include an e-mail address and phone number on the release (preferably at the top of the page.)
7. **One page is best; two is the maximum.** Shorter is usually better; it forces the writer to condense the most salient information into a more readable document.
8. **Provide access to more information.** Show people how to learn more; provide links to your organization's website.

Formatting Your Release

There are some generally agreed-upon formats for submitting a release. Following these guidelines will make your release professional in appearance.

Most media outlets now prefer e-mailed news releases, and the ease of electronic usage (no need for the information to be re-keyed) increases the likelihood that a release will be used. However, in some cases you may want to send a written release. There are some generally agreed-upon formats for submitting either.

For an E-mail release:

Compose an eye-catching subject line in the address portion of the e-mail. DO NOT ATTACH the press release. (Reporters often don't bother to open them.) Instead type:

FOR IMMEDIATE RELEASE (or the date you want the release to appear).

Headline (Combine upper and lower case; make it 10 words or less.)

Skip a line

Begin the text with the organization's city and date of the event followed by a dash. Then write the details of the event including who, what, when, where and why.

A second paragraph should include any needed background information, quotes from participants etc. Generally this should contain no more than five sentences.

Include the contact information below the text of the release.

End with the characters #####

NB. Many papers have a pre-set format on their websites for submitting an event or adding to their calendar listings. Go to each website and look for "Contact Us" or "Calendar". Click and follow instructions

For a Written Press Release that is mailed:

Organization Name or Logo

(This is always at the top center)

FOR IMMEDIATE RELEASE

(This is the left hand side, all caps. Use this when you want the story to appear immediately. If you want the item to be printed on a future date type FOR RELEASE ON give date.)

Contact Name

Telephone number

Cell Phone

E-mail

Web site

HEADLINE

(This is center. Can be all caps or in bold type.)

Subtitle

(This includes details clarifying the headline)

Paragraph One

(It answers the questions of who, what, where etc.)

Paragraph Two

(This gives the details after the introduction, background, quotes from participants etc.)

Paragraphs should generally contain no more than 5 sentences. There should be a double line space between paragraphs.)

When your press release is finished type the following in the center of the page:

END

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Other Considerations

Pay attention to deadlines. Many papers require that a release be received a minimum of 3 weeks in advance of publication. Monthly magazines vary; count on at least a two-month advance. For holiday events some papers have a very early deadline. For example, "The News and Observer" had a July deadline for listing Fall Arts events in 2014.

Before mailing or sending your release, make sure you haven't committed any of these common mistakes. (These originally appeared in the "Cultural Professionals Network".)

1. **The headline isn't working.** It's generic or too long or is a cliché. Keep the headline concise, enticing and make sure that it gives a good overview of your story.
2. **It is written in the first person.** Every news story online or in a local newspaper is written in the third person, unless there is a quote from an actual person. There should never be any "We did this" or "I think that" in the body of a press release. Imagine that someone else is telling your story.
3. **You haven't provided enough information.** Don't assume that the reporter will know everything about your organization. Your first paragraph should include where your organization is based and the angle of the story.
4. **You're forgetting to add proper punctuation.** Journalists are time and resource poor, so make their job as hassle free as possible by providing 'ready to publish' copy. Supplying first class copy will gain you a reputation as reliable. Journalists will want to publish your stories again in the future.
5. **Some of your copy has been lifted from an internal newsletter or website.** Such copy won't work because it is frequently written in the first person, is too self-promotional and doesn't have the journalist in mind. Start from scratch and write specifically for the paper or medium you are targeting.
6. **You haven't made the most of quotes.** Once you have established an angle for your story, you should always provide one or two quotes from a spokesperson involved in the project or event. Quotes are the only thing journalists can't change, so make the most of them by throwing in some strong key messages. Keep them positive, upbeat and to the point.
7. **There are too many CAPS.** Don't emphasize certain names or words throughout the press release. It's the on-line equivalent of shouting and the journalist will have to go through the entire release and change everything to lower case.
8. **The release is too short.** While succinct writing is appreciated, don't make the mistake of not providing enough content. Journalists want to get all the facts so be sure you include as

much information as possible. Make sure you have answered the questions of Who, What Where, When, Why and How before sending the release.

9. Your copy is too promotional. Read your press release after you have finished it and judge whether it screams "Please buy tickets to our event!" Or does it give a nice rounded picture of what the event is. Although releases are promotional, they are not advertisements; they are a presentation of facts. So use objective copy.

10. There's too much over-hyped copy (exclamation mark! italics! bold type!) Copy that is littered with exclamation marks and makes wild claims about an event, screams 'spam' and will end up in a journalist's spam folder. Write an intriguing, factual story and avoid unnecessary adjectives, especially ones like 'awesome', 'incredible' and 'the greatest'.

For Specific Media Addresses, See Section II

Section II, Media Addresses

Guide to using this section

This section is divided into 7 categories:

- A.) Local newspapers, addresses and websites
- B.) North Carolina newspapers farther afield
- C.) Local TV stations
- D.) Local Radio stations
- E.) North Carolina magazines
- F.) National Unitarian Universalist websites
- G.) North Carolina Unitarian Universalist websites and contacts
- H.) *In Process-Will include the names of local liberal churches and organizations that share our values*

In the listings for newspapers and magazines (D)= Daily, (W)=Weekly and (M)= Monthly.

Please note that media addresses and contacts change frequently. When in doubt, go to the website for the latest information. Then e-mail Ruth Leopold: ruthleopold@nc.rr.com and she will update this document.

Local Newspapers

Cary

The Cary News (W) PO Box 191 Raleigh, NC 27602-9150
 919- 829-4500 Fax 919-460-6034
www.carynews@newsobserver.com Go to “Home,” then click on “Contact Us” at bottom

Chapel Hill

The Chapel Hill News (2xW) PO Box 191 Raleigh, NC 27602-9150
 919-829-4500
 For “Arts Week” e-mail: kkoomen@newsobserver.com 3 weeks prior to event.
 For “Daybook” (Calendar) e-mail: chnclerk@newsobserver.com 2 weeks prior to event.
 For “Faith” e-mail: flojohnston314@gmail.com 2 weeks prior to event. 910-361-4135

Chatham County

The Chatham County Line (M) PO Box 1357 Carrboro, NC 27510
 919-740-5231 Fax 919- 932-2602
 E-mail: editor@chathamcountyline.org 1 month prior to publication
 Website: www.chathamcountyline.org

The Chatham Journal (W) PO Box 520 Pittsboro, NC 27312
 919-968-4341
 Website: www.chathamjournal.com/weekly/ Click on “Contact us”.

The Chatham News (W) PO Box 290 Siler City, NC 27344-0290
 919-663-3232 Fax 919-663-4042
 The Chatham Record (W) 19 Hillsboro St. Pittsboro, NC 27312
 919-542-3013 Fax 919-542-2590
 E-mail Doris Beck: doris@thechathamnews.com
 Website: www.chathamnewsandrecord.com

The Sanford Herald (D) 208 Saint Clair Ct. Sanford, NC 27330-3916
919-708-9000 Fax 919-708-9001
News editor – Jennifer Gentile – 919-718-1221 e-mail: jgentile@sanfordherald.com
Website: www.sanfordherald.com

Durham

The Durham Herald Sun (D) 2828 Pickett Rd. Durham, NC 27705-5613
919-419-6500
Website: www.heraldsun.com Click on “Got news” e-mail: news@heraldsun.com

The Indy Week (W) PO Box 1772 Durham, NC 27702
919-286-1972 Fax 919-286-4274
For Arts, e-mail: calendar@indyweek.com
For Events, e-mail: actnow@indyweek.com
Website: www.indyweek.com Deadline is Wed. at 5p.m. for the following week’s issue.

Hillsborough

News of Orange County (W) PO Box 580 Hillsborough, NC 27278-0580
919-732-2171 Fax 919-732-4852
Website: www.newsfororange.com Click on “Home” then on “Contact Us” or “Submission Forms” and go to “Submit News” e-mail: e.wiltgen@newsfororange.com

Mebane

The Mebane Enterprise (W) 106 N. Fourth St. Mebane, NC 27302-2428
919-563-3555
Website: www.mebaneenterprise.com Click on “Home”, then on “Submission Forms” then on “Submit News”.

Raleigh

The News and Observer (D) PO Box 191 Raleigh, NC 27602-9150
919-829-4500

Website: www.newsobserver.com Go to “Events Calendar” and add an event or go to
“Contact Us” and click on “Subject” e-mail: mschultz@newsobserver.com

The Raleigh Telegram (W) 64 T. W. Alexander Dr. PO Box 12598 Research Triangle Park,
NC

27709. 919-760-3110

Website: www.raleightelegram.com

See next page for non-local newspapers.

North Carolina Newspapers – Non Local

Asheboro

The Courier Tribune (D) PO Box 340 Asheboro, NC 27204-0340
336-625-2101 Fax 336-626-7074

Website: www.courier-tribune.com Go to “Calendar” and add an event.

For news events, e-mail: news@courier-tribune.com

For arts events, e-mail: lifestyles@courier-tribune.com

Asheville

The Asheville Citizen-Times(D) 14 O’Henry Ave. Asheville, NC 28801-2604
828-252-5610 Fax 828-281-4372

Website: www.citizen-times.com Go to home page and click on “Add your own event”

For news, go to the website and click on “Newsroom Directory” for appropriate person

Burlington

The Times-News (D) 707 S. Main St. Burlington, NC 27215-5844
366-227-0131 Fax 366-228-1889

Website: www.thetimesnews.com Go to home page and click on “Contact us”

E-mail: tjones@timesnews.com

Charlotte

The Charlotte Observer (D) 600 S. Tryon St. Charlotte, NC 28202-1842
704-358-5040

Website: www.charlotteobserver.com

For features, e-mail: living@charlotteobserver.com

For religion, e-mail: ebattenobserver@gmail.com

The South Charlotte Weekly (W) 10100 Cedar Dr. Ste. 150 Charlotte, NC 28210-8906
704-849-2261 Fax 704-849-2504

Website: www.thecharlotteweekly.com

E-mail: news@thecharlotteweekly.com

Fayetteville

The Fayetteville Observer (D) PO Box 849 Fayetteville, NC 28302-0849
910-323-4848 Fax 910-486-3545

Website: www.fayobserver.com Click on “Submit news” or click on “Contact Us”

E-mail: news@fayobserver.com

Greensboro

The News and Record (D) 200 E. Market St. Greensboro, NC 27401-2910
336-373-7000

Website: www.news-record.com Go to “News” then to “Share a news tip”

Go to “Things to do” to submit an event.

For faith news, e-mail: mikekernels@news-record.com

Greensboro-Yes! Weekly (W) 5500 Adams Farm Lane, Ste.204 Greensboro, NC 27407-7059
336-316-1231 Fax 336-316-1930

Website: <http://yesweekly.com>

For news, e-mail: whitney@yesweekly.com

For music, e-mail: ryan@yesweekly.com

For theatre, e-mail: lenise@yesweekly.com

Greenville

The Daily Reflector (D) PO Box 1967 Greenville, NC 27835-1967
252-329-9500

Website: www.reflector.com

Henderson

The Henderson Daily Dispatch (D) 304 S. Chestnut St. Henderson, NC 27536-4225
252-436-2800 Fax 252-430-0125

Website: www.hendersondispatch.com Click on “Submissions”. Go to “church event” or to “news tip”

Hickory

The Hickory Daily Record (W) PO Box 968 Hickory, NC 28603-0968
828-322-4510 Fax 828-328-9378

Website: www.hickoryrecord.com Click on “Home”, then on “Submit news”, scroll to “Calendar”.

High Point

The High Point Enterprise (D) 210 Church Ave. High Point, NC 27262-4806
336-888-3500 Fax 336-888-3644

Website: www.hpe.com Go to Home page. Click on “Contact Us” to find appropriate reporter.

New Bern

The Sun Journal (D) 3200 Wellons Blvd. New Bern, NC 28562-5234
252-638-8101 Fax 252-638-4580

Website: www.newbernsj.com Go to Home page and click on “Contact Us” at the very top of the page. Then click on “Contact Information”

Rocky Mount

Rocky Mount Telegram (D) PO Box 1080 Rocky Mount, NC 27802-1080
252-446-5161 Fax 252-446-4057

Website: www.rockymounttelegram.com Go to Home page, click on “Contact Us” then scroll down to “Staff Directory”

Salisbury

The Salisbury Post (D) 131 W. Innes St. Salisbury, NC 28144-4338

704-633-8950 Fax 704-639-0003

Website: www.salisburypost.com Click on “Lifestyle”, drop down to “Faith” and click on “Submit an event “.

Southern Pines

The Pilot (3xW) PO Box 58 Southern Pines, NC 28388-0058

910-962-7271 Fax 910-692-9382

Website: www.thepilot.com Go to home page and click on “Calendar” to add an event. Click on “Contact Us” for Staff or “Submission Forms”

E-mail: fdasen@thepilot.com (Faye Dasen – Features Editor)

Wilmington

Wilmington Star-News Online (W) 1003 S. 17th St. Wilmington, NC 28401-8023

910-343-2000 Fax 910-343-2210

Website: www.starnewsonline.com Go to “Home”, click on “Staff Directory”.

For “Features”, e-mail: cecennunn@starnewsonline.com

Winston Salem

The Winston Salem Journal (D) PO Box 3159 Winston Salem, NC 27102-3159

336-727-7211 Fax 336-727-4083

Website: www.journalnow.com Click on “Contact Us” to submit news or click on “Entertainment” and go to “Calendar”

E-mail: acronk@wsjournal.com (Alan Cronk – Features Editor)

The Winston Salem Chronicle (W) 617 N. Liberty St. Winston Salem, NC 27101-2912

336-722-8624 Fax 336-723-9173

Website: www.wschronicle.com Go to Home page, click on “Contact”

E-mail: tluck@wschronicle.com (Todd Luck)

Zebulon (Eastern Wake County)

Eastern Wake News (2xW) 110 N. Arendell Ave. Zebulon, NC 27597-2602
919-269-6101 Fax 919-269-8383

Website: www.easternwakenews.com Go to website and click on “Contact-us”, see form
E-mail: jwhitfield@newsobserver.com

TV station information

WRAL (CBS) PO Box 12000 Raleigh, NC 27606

Newsroom 919-821-8600 Fax 919-821-8514

Website: Go to Home, click on “Entertainment”, then go to “Out & About” and “Submit Your Event”.

For news, go to Home and click on “Report It” link or e-mail: assignmentdesk@wral.com

WRAZ (FOX 50) 2619 Western Blvd. Raleigh, NC 27606

919-595-5050

Website: www.fox50.com Go to website, click on “Contact Us” and fill out form.

UNC TV (PBS) 10 T.W. Alexander Drive PO Box 14900 Research Triangle Park, NC 27709-4900

919-549-7000 Fax 919-549-7201

Website: www.unctv.org e-mail: ncnow@unctv.org

For questions or to be put in contact with an appropriate reporter call: 1-888-292-7070

WTVD (ABC 11) 411 Liberty St. Durham, NC 27701-3407

919-683-1111

Website: www.abc11.com Go to Home, scroll down to “Get in Touch with ABC 11”, “Contact Us” or e-mail: news@abc11mail.com

WNCN (NBC 17) 1205 Front St. Raleigh, NC 27609
918-836-1717

Website: www.wncn.com Go to Home, click on “Contact Us” to find the e-mail addresses of the appropriate reporter.

For news, e-mail: newstips@wncn.com or call the tip line 919-835-NEWS

WFMY (News 2) 1615 Phillips Ave. Greensboro, NC 27405-5127
336-379-9369 336-230-0971

Website: www.wfmynews2.com Go to Home, scroll down to “Events”, click on “Add Your Event”.

For news, e-mail: news@wfmy.com

WXII (12) 700 Coliseum Dr. Winston Salem, NC 27106-5313
336-721-5313 Fax 336-721-0856

Website: www.wxii12.com Go to Home, then “Contact Us”, scroll down for the correct department and use “Form”.

WXLV (ABC 45) 3500 Myer Lee Dr. Winston Salem, NC 27101-6223
336-722-4545 Fax. 336-723-8217

Website: www.abc45.com Go to Home, scroll down to “Calendar” and click on event date to submit.

Local Radio Stations

Carrboro

WCOM 103.5FM Community Radio 300G East Main St. Carrboro, NC 27510
919-929-9601

Website: www.wcomfm.org

Send Public Service Announcements 3 weeks prior to the event. E-mail: psas@wcomfm.org
Include date, time, location and contact information for attendees and the station.

For general inquiries, e-mail: stationmanager@wcomfm.org

Chapel Hill

WXYC 89.3 FM (Student Radio Station at UNC, Chapel Hill)
919-962-8989

Send Announcements 2 weeks prior to the event. E-mail: wxycpsa@unc.edu
Include contact information for the event and organization.

WUNC 91.5 FM WUNC-FM 120 Friday Center Dr. Chapel Hill, NC 27517
919-445-9150 Fax 919-966-5955
Website: www.wunc.org E-mail: wunc@wunc.org

Durham

WNCU 90.7 FM North Carolina Central University PO Box 19875 Durham, NC 27707
Studio 919-560-9628 Main Office 919-530-7445 Fax 919-530-5031
Website: www.wncu.org Go to “Contact Us” and fill out form

Raleigh

WCPE 89.7 FM PO Box 897 Wake Forest, NC 27588
800-556-5178 Fax 919-556-9273
For general information e-mail: webmaster@TheClassicalStation.org
For Arts announcements e-mail: taralynn@TheClassicalStation.org

WSHA 88.9 FM (Shaw University) 118 E. South St. Raleigh, NC 27601
Studio 919-546-8430 Fax 919-546-8315
For Public Service Announcements, e-mail: wsha@shawu.edu

See next page for North Carolina Magazines

North Carolina Magazines

Our State Magazine (M) (Statewide) PO Box 4552, Greensboro, NC 27404
336-286-0600 Fax 336-286-0100

Website: www.ourstate.com

To submit an event, e-mail: editorial@ourstate.com by the first of the month, three months in advance of an issue.

BOOM! (M) (Triangle-Sandhills Area) 106 Huntsmoor Lane, Cary, NC 27513
919-302-3329 Fax 919-462-0141

Website: www.boomnc.com

Calendar editor is Luan Harmeson. Email: calendar@boomnc.com

Check website for submission dates.

Carolina Woman (M) 1506 E. Franklin St. Suite 103, Chapel Hill, NC 27514
919-942-2220 Fax 919-942-2234

Website: www.carolinawoman.com

Email: articles@carolinawoman.com

Check website for submission dates.

The following two magazines have the same physical address and the same phone numbers; however, they have different websites, different contact information, and are different in content. They also reach different audiences.

Chapel Hill Magazine (7x per year) 190 Finley Golf Course Rd. Chapel Hill, NC 27517
919-933-1551 Fax 919-933-1557

Website: www.chapelhillmagazine.com

Managing editor is Jesse Ammons. E-mail: jesse@chapelhillmagazine.com

Assistant editor is Jessica Stringer. E-mail: jessica@chapelhillmagazine.com

Durham Magazine (M) 190 Finley Golf Course Road, Chapel Hill, NC 27517
919-933-1551 Fax 919-933-1557

Website: www.durhammag.com Go to “Events”, see Calendar and click on “Submit Your Event.”

Pinehurst Magazine (bi-monthly) 4818 Six Forks Rd. Suite 204. Raleigh, NC 27609
919-782-4710 Fax 919-782-4763

Website: www.pinehurstmagazine.com

Go to “Contact Us” and fill out form

National Unitarian Universalist Websites

Unitarian Universalist Association (Headquarters) 24 Farnsworth St. Boston, MA 02210-1409

617-742-2100 Fax 617-367-3237

Website: www.uua.org Go to Home, click on “Directory”, scroll to UUA Staff. Click on “Communications Staff Group” for individual names.

Email: info@uua.org

UUA World (National magazine) 24 Farnsworth St. Boston, MA 02210-1409

617-948-6502 Fax 617-742-7025

Website: www.uuworld.org Go to site, click on “About Us” and scroll to “Submission Guidelines.

Scroll down to “General Information” to submit a written, mailed article, or click on “Submission Button” to send an online submission. Do not Email submissions.

Regional

Southeast District UUA

Southern Region of the UUA PO Box 560246 Orlando, FL 32856-0246

407-894-2119 877-216-2986

Office: sr@uua.org or southernregion@uua.org

Website: www.seduua.org Go to “Home” and click on “Newsletter”, then click on “Contact Us” or send event, story or photo to Christine Purcell: cpurcell@uua.org

Some North Carolina UU Congregations

(There are very many small congregations in North Carolina. For their addresses go to the UUA web site and click on “Find a Congregation.”)

Triangle Region

Carrboro

Sacred Fire UU (No fixed meeting place)

Mailing Address 301 Davie Rd. Carrboro, NC 27510-1607

Website: www.sacredfireuu.org

Email: mutualaidcarrboro@gmail.com

Durham

Eno River UU Fellowship 4907 Garrett Rd. Durham, NC 27707-3443

919-489-2575 Fax 919-489-9149

Website: www.eruuf.org

Email: office@eruuf.org

All Souls Church UU, Walltown Children’s Theatre, 1225 Berkeley St. Durham, NC 27705

Mailing: All Souls Durham, PO Box 3506, Durham, NC 27702-3506

919-972-8197

Website: www.allsoulsdurham.org

Email: info@allsoulsdurham.org

Hillsborough

UU Congregation of Hillsborough 1710 Old NC 10, Hillsborough, NC 27278-9599

Mailing: UU Congregation of Hillsborough, PO Box 275, Hillsborough, NC 27278-0275

919-644-0567

Website: www.uuchnc.org

Email: infor@uuchnc.org

Raleigh

UU Peace Fellowship 4104 Watkins Rd. Raleigh, NC 27616
Mailing: UU Peace Fellowship, PO Box 97702, Raleigh, NC 27624-7702
919-435-4802
Website: www.uupf.org
Email: uupfellowship@yahoo.com

UU Fellowship of Raleigh 3313 Wade Ave. Raleigh, NC 27607-4123
919-781-7635 Fax 919-881-2153
Website: www.uufr.org
Email: office@uufr.org

UU Congregations in the North Carolina Mountains

UU Congregation of Swannanoa Valley 500 Montreat Rd. Black Mountain,
NC 28711-3124
828-669-8050
Website: www.uusv.org Email: admin@uusv.org

UU Fellowship of Franklin 89 Sierra Dr. Franklin, NC 28734
828-524-6777
Mailing address: P.O. Box 1023 Franklin, NC 28744-1023
Website: www.uufranklin.org Email: mary.teslow@gmail.com

Boone UU Fellowship 381 East King St. Boone, NC 28607-4049
828-264-4456
Website: www.buuf.net Email: booneuuoffice@gmail.com

UUs of Transylvania County 24 Varsity St. Brevard, NC 28712
Mailing address: P.O. Box 918 Brevard, NC 28712
828-877-6121
Website: www.uutc.org Email: uutcadmin@citcom.net

UU Fellowship of Hendersonville, NC. Inc. 2021 Kanuga Rd. Hendersonville, NC 28739
Mailing address: 409 East Patterson St. Hendersonville, NC 28739
828-693-3157
Website: www.uufhnc.org Email: bookkeeper@uufhnc.org

Southern Piedmont

UU Church of Charlotte 234 N. Sharon Amity Rd. Charlotte, NC 28211-3004
704-366-8623 Fax 704-366-8812
Website: www.uuccharlotte.org Email: uucc@uuccharlotte.org

Piedmont UU Church 9704 Mallard Creek Rd. Charlotte, NC 28262-9738
Website: www.puuc.org Email: info@puuc.org

UU Fellowship of Lake Norman 135 Woodlawn School Loop Mooresville, NC 28115
Mailing address: P.O. Box 991 Davidson, NC 28036-0991
705-765-6088
Website: www.uulakenorman.org Email: info@uulakenorman.org

The Triad

UU Church of Greensboro 5603 Hilltop Rd. Jamestown, NC 27282-9396
336-856-0330 Fax 336-856-0384
Website: www.uugreensboro.org Email: uucgadmin@bellsouth.net

UUs in Covenant 301 North Tremont Dr. Greensboro, NC 27403-1546
336-274-7532
Website: www.uucovenant.org Email: uuc@earthlink.net

UU Fellowship of Winston Salem 4055 Robinhood Rd. Winston Salem, NC 27106-4736
336-659-0331 Fax 336-659-0336
Website: www.uufws.org Email: administrator@uufws.org

The Sandhills

UU Congregation of the Sandhills 1320 Rays Bridge Rd. Whispering Pines, NC 28327-9177

Mailing Address: UU Congregation of the Sandhills c/o Linda and Dan Myers

1299 Seven Lakes N. West End, NC 27376-9759

910-215-8777

Website: www.uucsandhills.org Email: uucsandhills@gmail.com

UU Congregation of Fayetteville 669 Country Club Drive Fayetteville, NC 28301-7620

Mailing Address: P.O. Box 87993 Fayetteville, NC 28304- 7993

Website: www.UUCFay.org Email: info@uucfay.org

Eastern North Carolina

UU Fellowship of Wilmington 4313 Lake Ave. Wilmington, NC 28403

910- 392- 6454 Fax 910-392-7989

Website: www.uufwilmington.org Email: office@uufwilmington.org

UU Fellowship of New Bern 308 Meadows St. New Bern, NC 28560

252-636-5111

Website: www.uufnb.org Email: uufnb@yahoo.com

Unitarian Coastal Fellowship 1300 Evans St. Morehead City, NC. 28557-4141

252- 240-2283 Phone #2 252-247-7156

Website: www.ucfnc.org Email: minister@ucfnc.org