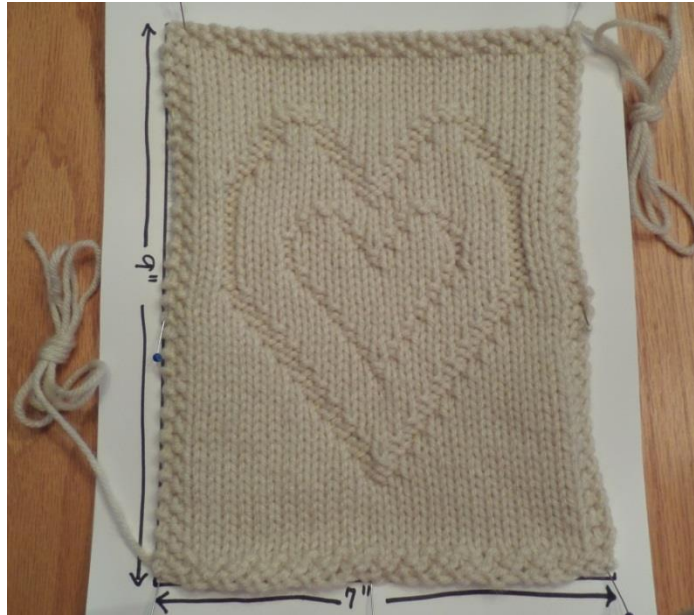


Heart-in-Heart (seed stitch edges)



Size 7 needles. Acrylic worsted (#4) yarn – works well with Caron One Pound solid colors.

Finished size should be 7" wide x 9" tall.

Cast on 31 stitches. Be sure to leave an 18" tail at the beginning.

Rows 1 & 2: K1 *P1 K1* repeat between * to end

Rows 3, 5, 7, 9: K1, P1, K27, P1, K1

Rows 4, 6, 8: K1, P29, K1

STOP! Check the width to make sure it is 7". If not, start over with an appropriate number of stitches by adjusting the number of stitches just inside the seed stitch border at the beginning and end of each row.

Row 10: K1, P14, K1, P14, K1

Row 11: K1, P1, K12, P3, K12, P1, K1

Row 12: K1, P13, K3, P13, K1

Row 13: K1, P1, K11, P2, K1, P2, K11, P1, K1

Row 14: K1, P12, K2, P1, K2, P12, K1

Row 15: K1, P1, K10, P2, K3, P2, K10, P1, K1

Row 16: K1, P11, K2, P3, K2, P11, K1

Row 17: K1, P1, K9, P2, K5, P2, K9, P1, K1

Row 18: K1, P10, K2, P5, K2, P10, K1

Row 19: K1, P1, K8, P2, K7, P2, K8, P1, K1

Row 20: K1, P9, K2, P7, K2, P9, K1

Row 21: K1, P1, K7, P2, K4, P1, K4, P2, K7, P1, K1

Row 22: K1, P8, K2, P4, K1, P4, K2, P8, K1
 Row 23: K1, P1, K6, P2, K4, P1, K1, P1, K4, P2, K6, P1, K1
 Row 24: K1, P7, K2, P4, K1, P1, K1, P4, K2, P7, K1
 Row 25: K1, P1, K5, P2, K4, P1, K3, P1, K4, P2, K5, P1, K1
 Row 26: K1, P6, K2, P4, K1, P3, K1, P4, K2, P6, K1
 Row 27: K1, P1, K4, P2, K4, P1, K5, P1, K4, P2, K4, P1, K1
 Row 28: K1, P5, K2, P4, K1, P5, K1, P4, K2, P5, K1
 Row 29: K1, P1, K3, P2, K4, P1, K7, P1, K4, P2, K3, P1, K1
 Row 30: K1, P4, K2, P4, K1, P7, K1, P4, K2, P4, K1
 Row 31: K1, P1, K2, P2, K4, P1, K9, P1, K4, P2, K2, P1, K1
 Row 32: K1, P3, K2, P4, K1, P9, K1, P4, K2, P3, K1
 Row 33: K1, P1, K2, P2, K3, P1, K5, P1, K5, P1, K3, P2, K2, P1, K1
 Row 34: K1, P3, K2, P3, K1, P5, K1, P5, K1, P3, K2, P3, K1
 Row 35: K1, P1, K2, P2, K3, P1, K4, P1, K1, P1, K4, P1, K3, P2, K2, P1, K1
 Row 36: K1, P3, K2, P3, K1, P4, K1, P1, K1, P4, K1, P3, K2, P3, K1
 Row 37: K1, P1, K2, P2, K4, P1, K2, P1, K3, P1, K2, P1, K4, P2, K2, P1, K1
 Row 38: K1, P3, K2, P4, K1, P2, K1, P3, K1, P2, K1, P4, K2, P3, K1
 Row 39: K1, P1, K2, P2, K5, P2, K5, P2, K5, P2, K2, P1, K1
 Row 40: K1, P3, K2, P9, K1, P9, K2, P3, K1
 Row 41: K1, P1, K2, P2, K8, P3, K8, P2, K2, P1, K1
 Row 42: K1, P3, K2, P8, K3, P8, K2, P3, K1
 Row 43: K1, P1, K3, P2, K6, P2, K1, P2, K6, P2, K3, P1, K1
 Row 44: K1, P4, K2, P6, K2, P1, K2, P6, K2, P4, K1
 Row 45: K1, P1, K4, P2, K4, P2, K3, P2, K4, P2, K4, P1, K1
 Row 46: K1, P5, K2, P4, K2, P3, K2, P4, K2, P5, K1
 Row 47: K1, P1, K5, P2, K2, P2, K5, P2, K2, P2, K5, P1, K1
 Row 48: K1, P6, K2, P2, K2, P5, K2, P2, K2, P6, K1
 Row 49: K1, P1, K6, P4, K7, P4, K6, P1, K1
 Row 50: K1, P8, K2, P9, K2, P8, K1

STOP! Check the length to make sure it will not exceed 9". Adjust the final length by reducing rows 51-56 in pairs, e.g. eliminate rows 55 and 56 then do rows 57 and 58 to shorten the overall length, or add rows in pairs before rows 57 and 58 to add length.

Rows 51, 53, 55: K1, P1, K27, P1, K1
 Rows 52, 54, 56: K1, P29, K1
 Row 57: K1 *P1 K1* repeat between * to end
 Row 58: K1 *P1 K1* repeat between * to end while binding off

Be sure to leave an 18" tail at the end.

Now, knit another one since having two blocks in the same color and pattern is great for making shawls!