

## How you can get involved with 2T

### Options for becoming part of our community

- ❖ Visit our [website](#).
- ❖ Visit and 'Like' us on [Facebook](#).
- ❖ Email Alan Julich at [TwoTeeHelper@gmail.com](mailto:TwoTeeHelper@gmail.com). We promise not to overfill your mailbox!
- ❖ Share your time and energy in ways that utilize your strengths:
  - Research innovative health care options;
  - Update our database on types and cost of care coverage;
  - Contribute to web page development, etc.
  - Talk to and connect with other interested people--let them know about us!

Donate any amount to support our project.

- 1) Send a **check** made out to TTMADRS to our P.O. Box 4831, Chapel Hill, NC 27515
  - 2) Make a **bank-issued Bill Pay** transaction through your home banking desktop or mobile phone app.
  - 3) Make a donation by **transferring stock** to TTMADRS. Contact [Ed Cox](#), [ebcox@yahoo.com](mailto:ebcox@yahoo.com) , (919) 423-0419
- ❖ Become a Founder! Two requirements only, and you've already met one of them: attend one of our orientation and education sessions! Then send a donation of \$1000 or more (some have donated as much as 5 figures) by whichever means you prefer, above.
  - ❖ Become an Investor in the land LLC. Contact [Dean Herington](#), Dean Herington , (919) 644-0126.

## Links to Resources for Aging and Dying in Place

[Medically Home](#) Short animated depiction of the Medically Home program.

[Mayo / Kaiser invest in Medically Home](#), Youtube video 54 minutes  
Reps from Medically Home, Kaiser, and Mayo Clinic announce this partnership with Q/A.

[Mayo Clinic, Kaiser put \\$100M toward hospital-at-home care](#)

[Mayo Clinic And Kaiser Permanente Invest \\$100 Million In 'Hospital Care At Home' Venture](#)

[Mayo Clinic announces advanced care at home model with Medically Home](#)

[Article on a hospital-at-home program in Charlotte, NC](#). They use a strategy that supports an intentional community's ability to have residents age-in-place for as long as they desire. Hospitals are for necessary surgery and skilled nursing for rehab if required but most support happens in the home.

This [article on alternatives to nursing homes](#) discusses multiple programs that Gary Smith is working with including CAPABLE from John Hopkins and PACE programs around the country. Note the focus on "home- and community-based services." This includes the ability to utilize Medicare and/or Medicaid funding to support aging in place, not in congregate settings.

[Article about Community Aging in Place](#)—Advancing Better Living for Elders (CAPABLE), a Johns Hopkins School of Nursing