

## Crochet a Fidget



With 2 strands of DK (worsted weight) yarn or 1 strand of bulky and an L crochet hook:

Chain 16

Turn, SC in second chain to the end (15 SC)

Work in the round -- Twist the work once so and SC in first SC and each SC around

(This will make a mobius strip, a one sided surface that is continuous. If you created a circle or cylinder the twist is not correct.)

Begin increasing on the second round by \*2 SC in the next SC, SC in next 2 SC\*. Repeat increase until the fidget is as large as desired. I generally stop after 8 or so completed rounds.

Notes: Use up small balls or yarn by changing colors as the ball runs out.

Uses:

- Keep hands occupied
- For comfort